

Franck LAVERGNE Velodrome St Quentin en Yvelines le 13 janvier 2024

TOUR	Tps/Tour	Moy/Tour	Moy en cours	Tps Total (s)	Tps Total (h)	Distance
1	28,00	32,143	32,143	28,000	0:00:28,000	250
2	20,03	44,933	37,477	48,030	0:00:48,030	500
3	19,47	46,225	40,000	67,500	0:01:07,500	750
4	20,15	44,665	41,072	87,650	0:01:27,650	1000
5	20,56	43,774	41,586	108,210	0:01:48,210	1250
6	20,23	44,488	42,043	128,440	0:02:08,440	1500
7	20,16	44,643	42,396	148,600	0:02:28,600	1750
8	20,71	43,457	42,526	169,310	0:02:49,310	2000
9	20,70	43,478	42,629	190,010	0:03:10,010	2250
10	20,67	43,541	42,719	210,680	0:03:30,680	2500
11	20,80	43,269	42,768	231,480	0:03:51,480	2750
12	20,64	43,605	42,837	252,120	0:04:12,120	3000
13	20,44	44,031	42,926	272,560	0:04:32,560	3250
14	20,44	44,031	43,003	293,000	0:04:53,000	3500
15	20,56	43,774	43,054	313,560	0:05:13,560	3750
16	20,64	43,605	43,088	334,200	0:05:34,200	4000
17	20,27	44,401	43,163	354,470	0:05:54,470	4250
18	20,25	44,444	43,232	374,720	0:06:14,720	4500
19	20,14	44,687	43,306	394,860	0:06:34,860	4750
20	20,14	44,687	43,373	415,000	0:06:55,000	5000
21	20,50	43,902	43,398	435,500	0:07:15,500	5250
22	20,60	43,689	43,412	456,100	0:07:36,100	5500
23	20,55	43,796	43,428	476,650	0:07:56,650	5750
24	20,33	44,270	43,463	496,980	0:08:16,980	6000
25	20,40	44,118	43,488	517,380	0:08:37,380	6250
26	20,37	44,183	43,515	537,750	0:08:57,750	6500
27	20,67	43,541	43,516	558,420	0:09:18,420	6750
28	20,47	43,967	43,532	578,890	0:09:38,890	7000
29	20,52	43,860	43,543	599,410	0:09:59,410	7250
30	20,49	43,924	43,555	619,900	0:10:19,900	7500
31	20,60	43,689	43,560	640,500	0:10:40,500	7750
32	20,61	43,668	43,563	661,110	0:11:01,110	8000
33	20,65	43,584	43,564	681,760	0:11:21,760	8250
34	20,54	43,817	43,571	702,300	0:11:42,300	8500
35	20,41	44,096	43,586	722,710	0:12:02,710	8750
36	20,37	44,183	43,602	743,080	0:12:23,080	9000
37	20,56	43,774	43,607	763,640	0:12:43,640	9250
38	20,50	43,902	43,615	784,140	0:13:04,140	9500
39	20,54	43,817	43,620	804,680	0:13:24,680	9750
40	20,18	44,599	43,644	824,860	0:13:44,860	10000
41	20,17	44,621	43,667	845,030	0:14:05,030	10250
42	20,46	43,988	43,675	865,490	0:14:25,490	10500
43	20,57	43,753	43,677	886,060	0:14:46,060	10750
44	20,65	43,584	43,674	906,710	0:15:06,710	11000

45	20,24	44,466	43,692	926,950	0:15:26,950	11250
46	20,62	43,647	43,691	947,570	0:15:47,570	11500
47	20,63	43,626	43,689	968,200	0:16:08,200	11750
48	20,57	43,753	43,691	988,770	0:16:28,770	12000
49	20,48	43,945	43,696	1009,250	0:16:49,250	12250
50	20,74	43,394	43,690	1029,990	0:17:09,990	12500
51	20,83	43,207	43,680	1050,820	0:17:30,820	12750
52	20,76	43,353	43,674	1071,580	0:17:51,580	13000
53	20,63	43,626	43,673	1092,210	0:18:12,210	13250
54	21,00	42,857	43,658	1113,210	0:18:33,210	13500
55	20,57	43,753	43,659	1133,780	0:18:53,780	13750
56	20,84	43,186	43,651	1154,620	0:19:14,620	14000
57	20,86	43,145	43,642	1175,480	0:19:35,480	14250
58	20,70	43,478	43,639	1196,180	0:19:56,180	14500
59	20,81	43,248	43,632	1216,990	0:20:16,990	14750
60	20,60	43,689	43,633	1237,590	0:20:37,590	15000
61	20,75	43,373	43,629	1258,340	0:20:58,340	15250
62	20,77	43,332	43,624	1279,110	0:21:19,110	15500
63	20,73	43,415	43,621	1299,840	0:21:39,840	15750
64	20,54	43,817	43,624	1320,380	0:22:00,380	16000
65	21,06	42,735	43,610	1341,440	0:22:21,440	16250
66	20,80	43,269	43,605	1362,240	0:22:42,240	16500
67	20,80	43,269	43,600	1383,040	0:23:03,040	16750
68	20,92	43,021	43,591	1403,960	0:23:23,960	17000
69	20,90	43,062	43,583	1424,860	0:23:44,860	17250
70	20,64	43,605	43,584	1445,500	0:24:05,500	17500
71	20,67	43,541	43,583	1466,170	0:24:26,170	17750
72	20,66	43,562	43,583	1486,830	0:24:46,830	18000
73	21,03	42,796	43,572	1507,860	0:25:07,860	18250
74	20,86	43,145	43,566	1528,720	0:25:28,720	18500
75	20,79	43,290	43,562	1549,510	0:25:49,510	18750
76	20,67	43,541	43,562	1570,180	0:26:10,180	19000
77	20,95	42,959	43,554	1591,130	0:26:31,130	19250
78	20,71	43,457	43,553	1611,840	0:26:51,840	19500
79	20,94	42,980	43,545	1632,780	0:27:12,780	19750
80	20,90	43,062	43,539	1653,680	0:27:33,680	20000
81	21,14	42,573	43,527	1674,820	0:27:54,820	20250
82	20,79	43,290	43,524	1695,610	0:28:15,610	20500
83	21,17	42,513	43,512	1716,780	0:28:36,780	20750
84	21,21	42,433	43,499	1737,990	0:28:57,990	21000
85	20,63	43,626	43,500	1758,620	0:29:18,620	21250
86	20,93	43,000	43,494	1779,550	0:29:39,550	21500
87	21,36	42,135	43,478	1800,910	0:30:00,910	21750
88	21,47	41,919	43,460	1822,380	0:30:22,380	22000
89	21,00	42,857	43,453	1843,380	0:30:43,380	22250
90	21,10	42,654	43,444	1864,480	0:31:04,480	22500

91	21,40	42,056	43,428	1885,880	0:31:25,880	22750
92	21,10	42,654	43,419	1906,980	0:31:46,980	23000
93	20,93	43,000	43,415	1927,910	0:32:07,910	23250
94	21,21	42,433	43,404	1949,120	0:32:29,120	23500
95	20,94	42,980	43,400	1970,060	0:32:50,060	23750
96	20,98	42,898	43,394	1991,040	0:33:11,040	24000
97	21,18	42,493	43,385	2012,220	0:33:32,220	24250
98	20,97	42,918	43,380	2033,190	0:33:53,190	24500
99	21,04	42,776	43,374	2054,230	0:34:14,230	24750
100	21,10	42,654	43,367	2075,330	0:34:35,330	25000
101	21,14	42,573	43,359	2096,470	0:34:56,470	25250
102	20,83	43,207	43,357	2117,300	0:35:17,300	25500
103	20,96	42,939	43,353	2138,260	0:35:38,260	25750
104	20,80	43,269	43,352	2159,060	0:35:59,060	26000
105	21,01	42,837	43,347	2180,070	0:36:20,070	26250
106	20,91	43,042	43,344	2200,980	0:36:40,980	26500
107	21,18	42,493	43,336	2222,160	0:37:02,160	26750
108	21,17	42,513	43,328	2243,330	0:37:23,330	27000
109	21,27	42,313	43,319	2264,600	0:37:44,600	27250
110	20,97	42,918	43,315	2285,570	0:38:05,570	27500
111	21,40	42,056	43,304	2306,970	0:38:26,970	27750
112	21,17	42,513	43,296	2328,140	0:38:48,140	28000
113	21,14	42,573	43,290	2349,280	0:39:09,280	28250
114	21,20	42,453	43,282	2370,480	0:39:30,480	28500
115	21,13	42,593	43,276	2391,610	0:39:51,610	28750
116	21,41	42,036	43,265	2413,020	0:40:13,020	29000
117	21,26	42,333	43,257	2434,280	0:40:34,280	29250
118	21,23	42,393	43,250	2455,510	0:40:55,510	29500
119	21,35	42,155	43,240	2476,860	0:41:16,860	29750
120	21,35	42,155	43,231	2498,210	0:41:38,210	30000
121	20,94	42,980	43,229	2519,150	0:41:59,150	30250
122	21,14	42,573	43,223	2540,290	0:42:20,290	30500
123	20,98	42,898	43,221	2561,270	0:42:41,270	30750
124	21,13	42,593	43,216	2582,400	0:43:02,400	31000
125	21,43	41,997	43,206	2603,830	0:43:23,830	31250
126	21,11	42,634	43,201	2624,940	0:43:44,940	31500
127	21,24	42,373	43,194	2646,180	0:44:06,180	31750
128	21,23	42,393	43,188	2667,410	0:44:27,410	32000
129	21,40	42,056	43,179	2688,810	0:44:48,810	32250
130	21,20	42,453	43,173	2710,010	0:45:10,010	32500
131	21,40	42,056	43,165	2731,410	0:45:31,410	32750
132	21,14	42,573	43,160	2752,550	0:45:52,550	33000
133	21,37	42,115	43,152	2773,920	0:46:13,920	33250
134	21,24	42,373	43,146	2795,160	0:46:35,160	33500
135	21,51	41,841	43,136	2816,670	0:46:56,670	33750
136	21,20	42,453	43,131	2837,870	0:47:17,870	34000

137	21,54	41,783	43,121	2859,410	0:47:39,410	34250
138	21,33	42,194	43,114	2880,740	0:48:00,740	34500
139	21,04	42,776	43,111	2901,780	0:48:21,780	34750
140	21,43	41,997	43,103	2923,210	0:48:43,210	35000
141	21,21	42,433	43,098	2944,420	0:49:04,420	35250
142	21,00	42,857	43,097	2965,420	0:49:25,420	35500
143	21,00	42,857	43,095	2986,420	0:49:46,420	35750
144	21,35	42,155	43,088	3007,770	0:50:07,770	36000
145	21,48	41,899	43,080	3029,250	0:50:29,250	36250
146	20,84	43,186	43,081	3050,090	0:50:50,090	36500
147	21,03	42,796	43,079	3071,120	0:51:11,120	36750
148	20,40	44,118	43,086	3091,520	0:51:31,520	37000
149	21,00	42,857	43,084	3112,520	0:51:52,520	37250
150	21,10	42,654	43,081	3133,620	0:52:13,620	37500
151	21,17	42,513	43,077	3154,790	0:52:34,790	37750
152	21,10	42,654	43,075	3175,890	0:52:55,890	38000
153	21,37	42,115	43,068	3197,260	0:53:17,260	38250
154	21,43	41,997	43,061	3218,690	0:53:38,690	38500
155	21,30	42,254	43,056	3239,990	0:53:59,990	38750
156	21,44	41,978	43,049	3261,430	0:54:21,430	39000
157	21,27	42,313	43,044	3282,700	0:54:42,700	39250
158	21,70	41,475	43,034	3304,400	0:55:04,400	39500
159	20,98	42,898	43,033	3325,380	0:55:25,380	39750
160	21,20	42,453	43,029	3346,580	0:55:46,580	40000
161	20,80	43,269	43,030	3367,380	0:56:07,380	40250
162	20,81	43,248	43,032	3388,190	0:56:28,190	40500
163	21,14	42,573	43,029	3409,330	0:56:49,330	40750
164	20,94	42,980	43,029	3430,270	0:57:10,270	41000
165	21,13	42,593	43,026	3451,400	0:57:31,400	41250
166	21,04	42,776	43,025	3472,440	0:57:52,440	41500
167	21,09	42,674	43,022	3493,530	0:58:13,530	41750
168	20,80	43,269	43,024	3514,330	0:58:34,330	42000
169	20,86	43,145	43,025	3535,190	0:58:55,190	42250
170	21,31	42,234	43,020	3556,500	0:59:16,500	42500
171	21,07	42,715	43,018	3577,570	0:59:37,570	42750
172	20,57	43,753	43,022	3598,140	0:59:58,140	43000
173	19,61	45,895	43,038	3617,750	1:00:17,750	43250
174						
175						

Longueur de la piste	250
Nombre de tours complets avant dernier tour	172
Temps du dernier tour complet	20,57
Temps restant à courir au début du dernier tour	1,86
Distance complémentaire	22,61
Distance parcourue dans l'heure	43,023

